

Key Stage Four Curriculum Map – Carre’s Grammar School – Core Physical Education

Subject – Physical Education						
	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
<p>Year 10</p> <p>Students are timetabled for PE based on their science set. Each group receives 2 x 1-hour core PE lessons per week.</p> <p>We set groups based on ability in PE, so they are not taught in their science groups.</p> <p>We have 3 teachers for 3 groups in 2 of the weekly lesson slots and 2 teachers for 2 groups in the other 2.</p>	<p>In consultation with students, teachers select 2 activities from the following list per term (1 in each one-hour lesson slot per week) so that students have completed 4 units of activity by the end of Autumn 2. The activities covered will be influenced by the availability of facilities and the preferences of the students, but the final decision will be made by the class teacher. Allocation of facilities (e.g., Sports Hall) will be shared equally between groups throughout the year.</p> <ul style="list-style-type: none"> • Rugby • Football • Table tennis • Volleyball • Futsal • Dodgeball • Carre’s ball • Futsal • Badminton • Basketball • Handball • Health-related education 		<p>In consultation with students, teachers select 2 activities from the following list per term (1 in each one-hour lesson slot per week) so that students have completed 8 units of activity by the end of Spring 4. The activities covered will be influenced by the availability of facilities, the preferences of the students and the previous activities covered by the group, but the final decision will be made by the class teacher. Allocation of facilities (e.g., Sports Hall) will be shared equally between groups throughout the year.</p> <ul style="list-style-type: none"> • Rugby • Football • Table tennis • Volleyball • Futsal • Dodgeball • Carre’s ball • Futsal • Badminton • Basketball • Handball • Health-related education 		<p>Both lesson slots devoted to Athletics in preparation for the District and County competitions and Sports Day at the end of Summer 5.</p>	<p>Summer sports Cricket Softball Tennis</p>
	<p>Assessment</p> <ul style="list-style-type: none"> • Students are assessed 1-9 in each activity at the end of each term. • Assessment grades for each activity are based on potential grade at end of Year 11 if rate of progress is maintained. • Results are added to internal tracker and overall level of progress towards target pathway based on attainment in 3 highest scoring activities (at least 1 team sport and at least 1 individual). This mirrors the assessment process in GCSE PE. 					

The curriculum in Key Stage 4 is primarily designed to offer students the opportunity to further develop the skills and knowledge introduced during the broad curriculum experienced in Key Stage 3, whilst also maintaining high levels of enthusiasm and engagement. In practice, this means students are consulted and have a role in selecting which sports they would like to pursue in Years 10 and 11. It is hoped that this allows them to pursue activities or sports that they enjoy, whilst also allowing them to develop higher levels of skills and knowledge. The PE Department have found this method of delivery to be very successful in maintaining high levels of participation and engagement in an age group that can sometimes become disaffected in PE.

Lessons will typically be based around participation in games, which are used to maintain high levels of enjoyment, participation, and high activity levels. In most lessons, games will be used to emphasise the application or use of a particular skill or tactic, with teachers guiding or structuring the game to provide more opportunity for this to occur. The use of decision-making skills under the conditions of small-sided games also places students in more demanding situations that enable greater learning and understanding.

As well as two hours per week of high-quality Physical Education, students are encouraged to participate in extra-curricular activities, house competitions and to represent the school in competitive sport. It is hoped that the approach used by the Department will not only improve outcomes for students whilst they are in school, but also mean a greater proportion of students continue to be more physically active when they leave full-time education.

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<p>Year 11</p> <p>Students are timetabled for PE based on their science set. Each group receives 2 x 1-hour core PE lessons per week.</p> <p>We set groups based on ability in PE, so they are not taught in their science groups.</p> <p>We have 3 teachers for 3 groups in 2 of the weekly lesson slots and 2 teachers for 2 groups in the other 2.</p>	<p>In consultation with students, teachers select 2 activities from the following list per term (1 in each one-hour lesson slot per week) so that students have completed 4 units of activity by the end of Autumn 2. The activities covered will be influenced by the availability of facilities and the preferences of the students, but the final decision will be made by the class teacher. Allocation of facilities (e.g. Sports Hall) will be shared equally between groups throughout the year.</p> <ul style="list-style-type: none"> • Rugby • Football • Table tennis • Volleyball • Futsal • Dodgeball • Carre’s ball • Futsal • Badminton • Basketball • Handball • Health-related education 		<p>In consultation with students, teachers select 2 activities from the following list per term (1 in each one-hour lesson slot per week) so that students have completed 8 units of activity by the end of Spring 4. The activities covered will be influenced by the availability of facilities, the preferences of the students and the previous activities covered by the group, but the final decision will be made by the class teacher. Allocation of facilities (e.g. Sports Hall) will be shared equally between groups throughout the year.</p> <ul style="list-style-type: none"> • Rugby • Football • Table tennis • Volleyball • Futsal • Dodgeball • Carre’s ball • Futsal • Badminton • Basketball • Handball • Health-related education 		<p>Summer sports:</p> <p>Cricket</p> <p>Softball</p> <p>Tennis</p>	<p>Study leave</p>
	<p>Assessment</p> <ul style="list-style-type: none"> • Students are assessed 1-9 in each activity at the end of each term. • Assessment grades for each activity are based on potential grade at end of Year 11 if rate of progress is maintained. • Results are added to internal tracker and overall level of progress towards target pathway based on attainment in 3 highest scoring activities (at least 1 team sport and at least 1 individual). This mirrors the assessment process in GCSE PE. 					

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