



6th Form Independent Study Guide

Subject – **PHYSICAL EDUCATION**

- Create revision cards (or other resources) as the course progresses. Don't leave it all until a few weeks before the exam.
- Make a list of subject-specific words and definitions. The AQA website contains a pre-prepared list and the BTEC unit content for each module will also highlight key terms.
- Discuss lesson material in groups in your study periods to reinforce what has been covered in class.
- Sign up for the free subscriptions to the Independent and Telegraph on-line services. They often publish articles that are relevant to areas of the specification.
- Don't forget to use the LRC as a source of information. There are lots of useful reference books, particularly for anatomy and physiology.
- James Morris and The Khan Academy have published some useful revision videos on YouTube that can be used to consolidate your learning.
- The A-Level Physical Education legacy past-papers and mark schemes can still be used to supplement the newer material, but be sure to cross-reference the content with the changes to the specification.