

Key Stage 3 and 4 Curriculum Map

		Autumn 1		Autumn 2	Spring 3	Spring 4	Summer 5		Summer 6	
Year 7 <i>1 hour per week</i>	CURRICULUM	Relationships Starting at secondary school Teamwork and managing conflicts Learning from mistakes Confidence			Health and Wellbeing Talking about feelings Mental health and stigma Mood Bereavement Social and emotional changes during puberty Body Image		Relationships Identity Anti-Racism Inclusive language		Living in the Wider World Staying safe – A project	
	CURRICULUM CAROUSEL <i>These modules are delivered on a carousel rotation.</i>	Living in the Wider World (Careers) What’s school all about? This is my story This is me today Looking ahead The power of stereotypes			Health and Wellbeing Fit and active Food choices Personal hygiene Healthy sleep		Relationships Friendship and empathy Bullying and bystanders Friendship challenges Similarities, differences and peer influence		Living in the Wider World Your online personality Social media Online bullying Harmful online behaviour	
Year 8 <i>1 hour per fortnight</i>	CURRICULUM	Relationships Positive masculinity Online friendships Hurtful behaviours Relationship Values Relationship expectations Changing relationships Roles in the family			Health and Wellbeing Alcohol Tobacco and vaping Unhealthy comparison Lifestyle diseases Prescription drugs		Living in the Wider World Gangs and county lines Grooming Online gambling Knife crime Group chat safety			
Year 9 <i>1 hour per fortnight</i>	CURRICULUM CAROUSEL <i>These modules are delivered on a carousel rotation.</i>	Health and Wellbeing Stress, anxiety and depression Unhealthy strategies, warning signs and triggers Mental health and bullying Developing self-esteem			Living in the Wider World (Careers) GCSE options preparation		Relationships Nude image sharing Relationships in the media Sexual harassment		Living in the Wider World Different online behaviour Algorithms Media literacy Respectful online relationships	
Year 10 <i>1 hour per fortnight</i>	CURRICULUM	Relationships Misogyny, causes and consequences Violence against women and girls Communication and readiness Pressure, persuasion and coercion Domestic abuse Anti-racism Inclusive language Systemic racism			Living in the Wider World Deepfakes and AI Revenge porn		Health and Wellbeing Language and negative thoughts Helping a friend Change, loss and grief Cancer prevention Suicide			Living in the Wider World Staying Safe – A project
Year 11 <i>1 hour per fortnight</i>	CURRICULUM	Health and Wellbeing Keeping active Safe and effective strength training Healthy eating on a budget Substance use and assessing risk Substance use and managing influence Fixed, unwanted and obsessive behaviours Social Media Dependency			Relationships and Sex Education Why do people choose to have a sexual relationship Safer sex Sexual relationships and the law Pregnancy outcomes Pornography Harmful digital content			Living in the Wider World Valuing diversity Understanding and preventing extremism How are people drawn into extremist groups?		EXAMS

Key Stage 3 and 4 External Provision and Workshops

	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
YEAR 7		Mini first aid TBC		Stay Safe Day (10 th March) Positive Health Workshop (24 th April)		
YEAR 8			Positive Health Workshop (6 th February)			
YEAR 9			Positive Health Workshop (15 th January)	Stay Safe Day (17 th March)		
YEAR 10		Sexual Exploitation Workshop (26 th November) Positive Health Workshop (15 th December)				
YEAR 11		Positive Health Workshop (13 th November) Young Passenger awareness (14 th October)	Sexual Harassment Workshop (4 th February)			